



**Damhert**  
NUTRITION

# VEGGIE

## Damhert Vegan Schnitzel PROMO

Art.nr:	3576
Product description:	Damhert Vegan Schnitzel PROMO
EAN-code product:	5412158031808
EAN-code carton	5412158047328 (x 1) 5412158032287 (x 6)
Custom-code:	21069092
Ingredients:	41.7% rehydrated WHEAT protein, cornflakes (maize, sugar, salt, BARLEY malt extract), onion, sunflower oil, MUSTARD (water, MUSTARD seeds, vinegar, salt, sugar, spices), WHEAT fibre, WHEAT flour, thickener (methyl cellulose, carrageenan), modified maize starch, salt, sugar, potato fibre, vinegar, spices, food acid (citric acid), natural flavouring, herbs, glucose syrup
Allergens:	Contains gluten, barley, wheat, mustard. Does not contain molluscs, lupine, fish, peanuts, lactose, nuts, sulphur dioxide and sulphites, eggs, soybeans, oats, milk, celery, sesame seeds, crustaceans.
Weight:	180 g
Storage:	Keep in the fridge for 24 hours after opening. Do not freeze
Shelf life:	4 weeks production date.
Usage:	In the pan: Fry the Schnitzel over medium heat for 4 minutes. In the oven: heat the schnitzel in a preheated oven at 220°C for 10 minutes
Dimensions:	13,5 cm W x 3,0 cm H x 18,0 cm D

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	portie/portion	
	100 g	90 g
Energy kJ	910	919
Energy kcal	218	220
Fats	10.0 g	9.0 g
saturated fats	1.2 g	1.1 g
Carbohydrates	24.5 g	22.1 g
sugars	3.3 g	3.0 g
Food fibres	4.5 g	4.1 g
Protein	11.8 g	10.6 g
Salt	1.60 g	1.44 g

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