



Damhert
NUTRITION

VEGGIE

Damhert Vegan Nuggets PROMO

Art.nr:	3578
Product description:	Damhert Vegan Nuggets PROMO
EAN-code product:	5412158031778
EAN-code carton	5412158047298 (x 1) 5412158032225 (x 6)
Custom-code:	21069092
Ingredients:	52.2% rehydrated WHEAT protein, cornflakes (maize, sugar, salt, BARLEY malt extract), sunflower oil, thickener (methyl cellulose, carrageenan), potato starch, WHEAT fibre, flavouring, WHEAT flour, yeast extract, modified maize starch, salt, potato fibre, vinegar, food acid (citric acid).
Allergens:	Contains barley, wheat, gluten. Does not contain peanuts, celery, sesame seeds, soybeans, mustard, crustaceans, nuts, lupine, eggs, milk, sulphur dioxide and sulphites, lactose, oats, fish, molluscs.
Weight:	160 g
Storage:	Store at refrigerator temperature (defrosted product, do not refreeze)
Usage:	IN THE PAN: Fry the nuggets over medium heat for 4 minutes. IN THE OVEN: Heat the nuggets in a preheated oven at 220°C for 10 min.
Dimensions:	13,5 cm W x 3,0 cm H x 18,0 cm D

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	portie/portion	
	100 g	20 g
Energy kJ	1105	221
Energy kcal	264	53
Fats	8.4 g	1.7 g
saturated fats	1.1 g	0.2 g
Carbohydrates	25.3 g	5.1 g
sugars	1.8 g	0.4 g
Food fibres	4.1 g	0.8 g
Protein	14.5 g	2.9 g
Salt	2.10 g	0.42 g

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