

Biofood Whole Wheat Couscous BIO

Art.nr:	6154
Product description:	Biofood Whole Wheat Couscous BIO
EAN-code product:	5412158027894
EAN-code carton:	5412158046246 (x 1) 5412158028303 (x 6)
Custom-code:	10089000
Ingredients:	whole WHEAT couscous*. May contain NUTS, SOY, MUSTARD and SESAME. *From controlled organic cultivation.
Allergens:	Contains gluten. May contain traces of mustard, nuts, sesame seeds, soybeans. Does not contain cinnamyl alcohol, evernia furfuracea, wheat, oats, molluscs, citronellol, coumarin, eggs, celery, peanuts, citral, evernia prunastri, corn, benzyl cinnamate, cocoa, sulphur dioxide and sulphites, benzyl alcohol, rye, lupine, milk, fish, crustaceans, benzyl benzoate, benzyl salicylate, cinnamal, barley, amyl cinnamal, eugenol, lactose, farnesol, butylphenyl methylpropionate, anise alcohol, coriander, carrots, alpha-isomethyl ionone, pod fruits.
Weight:	500 g
Storage:	Keep at room temperature.
Usage:	Pour boiling water over 75g (1 portion) of couscous to 1 cm above it, cover and leave to stand for 5 minutes.
Dimensions:	9,5 cm W x 18,0 cm H x 5,0 cm D

	portie/portion
	100 g
Energy kJ	1597
Energy kcal	377
Fats	0,6 g
saturated fats	0,2 g
Carbohydrates	77,0 g
sugars	0,8 g
Food fibres	5,0 g
Protein	13,0 g
Salt	0,03 g

