



**Damhert**  
NUTRITION

# BIOFOOD

## Biofood Bulgur BIO

Art.nr:	6122
Product description:	Biofood Bulgur BIO
EAN-code product:	5412158027849
EAN-code carton	5412158046192 (x 1) 5412158028297 (x 6)
Custom-code:	10089000
Ingredients:	bulgur. From controlled organic cultivation.
Allergens:	May contain traces of gluten, sesame seeds, soybeans, nuts. Does not contain sulphur dioxide and sulphites, farnesol, corn, crustaceans, anise alcohol, alpha-isomethyl ionone, benzyl alcohol, amyl cinnamal, lupine, molluscs, oats, benzyl benzoate, benzyl salicylate, butylphenyl methylpropionate, evernia prunastri, cinnamyl alcohol, evernia furfuracea, coriander, cinnamal, cocoa, barley, mustard, eggs, peanuts, rye, milk, eugenol, fish, carrots, citronellol, pod fruits, citral, benzyl cinnamate, lactose, other gluten, celery, coumarin, wheat.
Weight:	500 g
Storage:	Keep at room temperature.
Shelf life:	24 months after production date.
Usage:	Cook for 15-20 minutes.
Dimensions:	9,5 cm W x 18,0 cm H x 5,5 cm D

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	portie/portion	
	100 g	0 g
Energy kJ	1576	1576
Energy kcal	342	342
Fats	1,3 g	1.3 g
saturated fats	0,2 g	0.2 g
Carbohydrates	63,4 g	63.4 g
sugars	0,4 g	0.4 g
Food fibres	12,5 g	12.5 g
Protein	12,5 g	12.5 g
Salt	<0,1 g	<0,1 g