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# BIOFOOD

## Biofood Bulgur BIO

Art.nr:	6122
Product description:	Biofood Bulgur BIO
EAN-code product:	5412158027849
EAN-code carton	5412158046192 (x 1) 5412158028297 (x 6)
Custom-code:	10089000
Ingredients:	bulgur (GLUTEN). May contain traces of NUTS, SESAME and SOY. *From controlled organic cultivation.
Allergens:	Contains gluten. May contain traces of sesame seeds, nuts, soybeans. Does not contain cocoa, rye, benzyl cinnamate, molluscs, mustard, cinnamyl alcohol, coriander, citronellol, benzyl alcohol, oats, amyl cinnamal, lactose, eugenol, evernia furfuracea, carrots, benzyl salicylate, evernia prunastri, corn, milk, sulphur dioxide and sulphites, farnesol, eggs, anise alcohol, lupine, wheat, crustaceans, peanuts, alpha-isomethyl ionone, benzyl benzoate, barley, cinnamal, fish, butylphenyl methylpropionate, pod fruits, citral, coumarin, celery.
Weight:	500 g
Storage:	Keep at room temperature.
Usage:	Cooking time: $\pm$ 10-15 min.
Dimensions:	9,5 cm W x 18,0 cm H x 5,0 cm D

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	portie/portion
	100 g
Energy kJ	1340
Energy kcal	319
Fats	1,2 g
saturated fats	0,0 g
Carbohydrates	73,0 g
sugars	0,6 g
Food fibres	8,5 g
Protein	12,5 g
Salt	0,08 g

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