



Damhert
NUTRITION

FIBRE FIT

Fibre Fit Oat bran BIO

Art.nr:	2015
Product description:	Fibre Fit Oat bran BIO
EAN-code product:	5412158001214
EAN-code carton	5412158038562 (x 1) 5412158017000 (x 6) 5412158031280 (x 8)
Custom-code:	10089000
Ingredients:	OAT bran**. May contain traces of PEANUTS, GLUTEN, NUTS and SESAME. **From controlled organic cultivation.
Allergens:	Contains oats. May contain traces of gluten, peanuts, sesame seeds, nuts. Does not contain lactose, celery, milk, sulphur dioxide and sulphites, molluscs, eggs, mustard, lupine, wheat, fish, crustaceans, soybeans.
Weight:	300 g
Storage:	Keep dry and well closed after opening.
Usage:	Perfect to use while making pancakes, pastry, bread, soup or other liquids.
Dimensions:	9,5 cm W x 18,0 cm H x 5,5 cm D



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	portie/portion	
	100 g	50 g
Energy kJ	1530	765
Energy kcal	365	183
Fats	6.9 g	3.5 g
saturated fats	1.2 g	0.6 g
Carbohydrates	56.0 g	28.0 g
sugars	1.3 g	0.7 g
Food fibres	11.0 g	5.5 g
Protein	11.0 g	5.5 g
Salt	0.03 g	0.02 g

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